

AT HOME AT FAIRMOUNT

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Resident Spotlight: Barbara V.

Barbara is such a joy to everyone at Fairmount. She enjoys coffee and music. She and her dear husband, Richard, are virtually inseparable. She likes to sit with him and 'share' the prizes. Her sense of humor is dry but contagious. We are so glad that she is a part of our family.

UPCOMING EVENTS

* February 13th

Join us as we celebrate Valentine's Day with our Sweethearts Celebration, complete with a delicious prime rib lunch and a complimentary red wine pairing.



Our philosophy is very simple. Time is short and our remaining days should be interesting, fun and memorable for residents, their families and the Fairmount staff." We do this by providing beautiful, stimulating surroundings, creating a home-like atmosphere that nurtures health and well-being, and is mindful of each person's unique physical, mental, spiritual, and social nature. You get to enjoy your loved one and we'll do the dishes.

Message from the Director

At Fairmount, home is found in the little things — a familiar smile, a shared laugh, a meal enjoyed together. We are honored to create a space filled with comfort, care, and genuine connection. Thank you for trusting us to be part of your family's story.



New Features

Porch Socials with Koko

Relax, sip, paint, and mingle on the porch with Koko! These gatherings aren't just fun — they're a great way to spark creativity, connect with friends, and enjoy a little fresh air. Whether you're adding a splash of color to your canvas, savoring a refreshing drink, or sharing a laugh, Porch Socials are the perfect way to nourish your mind, your spirit, and your friendships.



Meet Koko, our Activities Assistant and resident fashion guru. She's incredibly stylish and a licensed hairdresser who loves helping our residents look and feel their best!

This Month at Fairmount

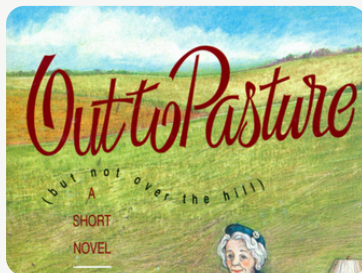
Valentine's Day isn't only about romance. At Fairmount, it's also about the lifelong friendships our guys and gals have found along the way



Join us for a sparkling jewelry auction, graciously hosted by Linda and Alan Updike. Come enjoy an afternoon of fun, community, and beautiful treasures — you never know what gems you might take home!



Join our Cooking Club and whip up delicious recipes while sharing laughs, tips, and tasty treats with friends!



Book of the Month: Over What Hill?: Notes from the Pasture by Effie Leland Wilder



Employee Feature

Jesseca W.

New but already beloved! Jesseca has quickly won over our residents and staff with her gumption, organization, and serious crafting skills. She's joining our Activities Department this month and bringing fresh ideas with her — from new art therapy classes to lively community parties. Get ready... Jesseca is keeping us on our toes!

Get Involved!

Looking for even more fun and engaging activities? Take a peek at our full activities calendar for the month! From creative classes to lively social events, there's something for everyone to enjoy. You can also view the calendar online anytime — just visit FairmountAssistedLiving.com and start planning your next memorable moment with us!

Birthdays



**Jack V. –
Caregiver &
Medtech**



Mary C.



Laura L.



**Kayla W. –
Caregiver &
Medtech**



**Yajaira P. –
Caregiver &
Medtech**



Ruth G.



**York Y. – Kitchen
Manager**

Vendor Spotlight



Peggy M.

We're pleased to highlight Peggy M., a dedicated volunteer who brings a wealth of experience in language and writing instruction for all ages. Peggy leads thoughtful classes, facilitates memory-support activities, and provides individualized one-on-one sessions for our residents, all with care and professionalism.

Fun fact: Peggy is married to jazz pianist John, who performs for our residents, adding a wonderful musical touch to our community.

February Horoscope

February babies carry a beautiful mix of vision and heart. This month highlights connection, creativity, and following your intuition. Trust what feels right, lead with kindness, and allow yourself moments of joy—you're right where you're meant to be. 🧡

Super Bowl Spirit Week

In honor of Super Bowl weekend, we're celebrating with a full week of fun Spirit Days—and we'd love for staff, residents, and visitors to join in too! Dress up, have fun, and show your spirit all week long:

- February 8: NFL Day
- February 9: Tacky Tourist Day
- February 10: Dress Like Your favorite Dr. Suess character
- February 11: Pajama Day
- February 12: Twin Day
- February 13: Crazy Hair Day
- February 14: Pink & Red Hearts Day



Join us for Super Bowl Sunday on **February 8th at 4:30 PM!** We'll be hosting a fun gathering with drinks and refreshments—come cheer, mingle, and enjoy the game with us!

Anniversaries

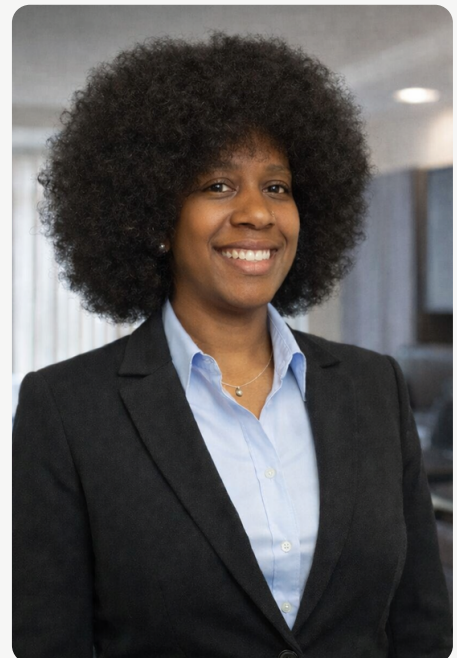


Nicole M. – Senior Lead Coordinator, Caregiver & Medtech

Celebrating 8 wonderful years with Fairmount! Nicole is an incredible lead for the Rook House and a devoted mom of two. Her warmth, patience, and positivity brighten every resident's day, and she has a special way of making everyone feel seen and cared for. We're so grateful for all that you do, Nicole!

Teena M. – Lead Laundry Attendant

Teena has been brightening our community for two wonderful years! She's our talented Lead Laundry Coordinator, tackling every stubborn stain with a smile. She's also the magic behind all the beautiful greenery around Fairmount, bringing her plant-loving touch wherever she goes. Stop by her office and say hi—and don't forget your spare change, as she's an avid coin collector too!



SUN	MON	TUES	WED	THURS	FRI	SAT
9a Sunday Mass 10a BINGO 11a Discuss "Do You Like Bowling?" 1p Church & Music w/Linda 2p Residents Choice 3p Social: Happy Hour 6p Hands on: Fold Napkins	9a Early Newscast 10a Exercise "Strength" 11a Keys Talk: Favorite Holiday 1p Music & Reminisce w/Linda 2p Music Therapy: Harpist 3p Tabletop Activity: Scrabble 6p Social: Happy Hour	9a Coffee Chat w/Linda @Rook 10a Music Hour: Wild Bill 11a Discuss: Foods to Avoid 1p Social: Jewelry Auction 2p Exploring History: Tucson 3p BINGO 6p Evening Newscast	9a Early Newscast 10a Hands on: Spa Day w/Scan 11a Lets Talk: Free Talk 1p Exercise: Yoga w/ Carla 2p Cinema & Popcorn Hour 3p Sensory Stimulation: Soil Mixing 6p Happy Hour On The Porch	9a Coffee Chat 10a Brain Boost: House Jeopardy 11a Lets Talk: Football 1p Brain Boost: Trivia 2p Exercise: Bowling 3p BINGO 6p Evening Newscast	9a Early Newscast 10a Hands On: Coin Stack Tournament 11a Dialogue: 1p Brain Boost: Trivia Hour 2p Art Hour: Rock Art 3p BINGO 6p Happy Hour On The Porch	9a Early Newscast 10a Wordplay: Word Search 11a Reminisce "First Kitchen Experience" 1p Music: Singalong w/Maryann 2p Exercise: Tennis 3p Tabletop: Scrabble 6p Sports Broadcast
9a Sunday Mass 10a BINGO 11a Discuss "Best Boxers" 1p Church & Music w/Linda 2p BINGO 3p Happy Hour On The Porch 6p Housekeeping "Folding Napkins"	9a Early Newscast 10a Exercise: Cardio & Movement 11a Lets Talk: Hiking 1p Music & Trivia w/Linda 2p Sensory Stimulation: 3p Tabletop Activity: Lets Play UNO	9a Coffee Chat w/Linda 10a One-on-One: Newspaper Puzzle 11a Discuss "Education" 1p Hands on: Valentines Day Cards w/Scan 2p Exercise: Newspaper Coin Toss 3p BINGO 6p Evening Newscast	9a Early Newscast 10a Organ Concert 11a Lets Talk: 1p Exercise: Yoga w/ Carla 2p Cinema & Popcorn Hour 3p Sensory Stimulation: Salt Dough 6p Happy Hour On The Porch	9a Coffee Chat 10a Brain Boost: House Jeopardy 11a Discuss "Do You Like Cold Weather?" 1p Brain Boost: Trivia Hour 2p Crafts: Shaving Cream Hearts 3p BINGO 6p Evening Newscast	9a Coffee Chat 10a Hands on: Garden Club 11a Discuss "Happy Customers Happy" 1p Celebration: Valentines Party 2p Continued Activity 3p Residents Choice 6p Happy Hour On The Porch	9a Early Newscast 10a Wordplay: Newspaper Word Search 11a Discuss: New Words 1p Music Hour: Banjo Doug 2p Cinema & Popcorn 3p BINGO 6p Sports Broadcast
9a Sunday Mass 10a BINGO 11a Discuss "Pesky Rodents" 1p Church & Music w/Linda 2p Special: Gumdrop Towers 3p Social: Happy Hour 6p Housekeeping "Folding Napkins"	9a Early Newscast 10a Exercise "Strength" 11a Should Schools Ban Peanut Butter? 1p Music & Reminisce w/Linda 2p Music Therapy: Harpist 3p Tabletop Activity: Scrabble 6p Social: Happy Hour	9a Coffee Chat w/Linda @Rook 10a Music Hour: Wild Bill 11a Discuss "Landscape of Education" 1p Music w/Linda 2p Tactile: Thank-You Cards 3p BINGO 6p Evening Newscast	9a Early Newscast 10a Table Top: Jigsaw Puzzles 11a Discussion: Should the Drinking Age Be Lowered? 1p Exercise: Yoga w/ Carla 2p Cinema & Popcorn Hour 3p Tactile: Shelling Almonds 6p Happy Hour On The Porch	9a Coffee Chat 10a Brain Boost: House Jeopardy 11a Discussion: The Wrongs of America 1p Crafts: Beaded Snakes 2p Sensory: Guess the Flavor 3p BINGO 6p Evening Newscast	9a Coffee Chat 10a BINGO 11a Lets Talk: How World War II Changed America 1p Brain Boost: Trivia 2p Cinema: Western Matinee 3p Art Hour: Paper Mountains 6p Social: Happy Hour	9a Early Newscast 10a Wordplay: Writing Club w/Peggy 11a Lets Talk: Visiting the Monuments and Museums 1p Tabletop: UNO 2p Cinema & Popcorn 3p Social: Sip & Paint 6p Sports Broadcast
9a Sunday Mass 10a BINGO 11a Discuss: Do Aliens Exist 1p Church & Music w/Linda 2p Crafts: Pipe Cleaner Flamingos 3p Patio Social 6p Housekeeping "Folding Napkins"	9a Early Newscast 10a Exercise "Strength: 11a Discuss "Online Education" 1p Music w/Linda 2p Sensory: Bread Tasting 3p Tabletop: Lets Play UNO 6p Social: Happy Hour	9a Coffee Chat w/Linda @Rook 10a Newspaper Puzzle 11a Discuss "Have you ever met anyone famous?" 1p Music w/Linda 2p Group: Resident Council 3p BINGO 6p Evening Newscast	9a Early Newscast 10a Music Hour: Organ Concert 11a Discuss: The Importance of Connection" 1p Exercise: Yoga w/ Carla 2p Cinema & Popcorn Hour 3p Art Hour: Painting 6p Happy Hour On The Porch	9a Early Newscast 10a Brain Boost: House Jeopardy 11a Reminisce "Did You Live Somewhere Snowy?" 1p Exercise "Arm Day" 2p Music Hour: Desert Duo 3p BINGO 6p Happy Hour On The Porch	9a Coffee Chat 10a Group: Read Along 11a Discuss "What takes your breath away?" 1p Brain Boost: Lovatt Trivia 2p Exercise: Beach Volleyball 3p BINGO 6p Social: Happy Hour	9a Early Newscast 10a Wordplay: Newspaper Word Search 11a Discuss "Beach Vacation Or A Ski Vacation?" 1p Music Hour: Banjo Doug 2p Cinema & Popcorn 3p Tabletop: Lets Play Dice 6p Sports Broadcast

* All Activities Subject To Change

February 2026

Fairmount Assisted Living & Memory
 Care
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