



6161 E Fairmount Street • Tucson, AZ 85712 • 520-344-8890

Resident Spotlight



Marianne is a wonderful woman, a devoted wife, and loving mother of three children. Born in Germany, she has always had a deep love for music and dancing. As a little girl, she dreamed of becoming a ballerina, and that passion for dance stayed with her throughout her life. She met the love of her life while he was serving in the Air Force. The two met while dancing at a club. They quickly fell in love and went on to share a beautiful marriage that lasted 60 years. Marianne's life is a testament to love, family, joy and the enduring power of following your passions.

Double the Hydration

Nutrition experts say you can double up your hydration by snacking on fresh produce. Eating fruits and veggies with a high water content, such as an apple or some carrot sticks, along with drinking H₂O can help you stay better hydrated.

August 2026



August Staff Birthdays

Miriam P. August 2nd
Beyla L. August 11th

August Resident Birthday!

Robert G. August 5th

Famous Faces Born in August

Aug. 1, 1973: Tempestt Bledsoe
Aug. 3, 1941: Martha Stewart
Aug. 7, 1987: Sidney Crosby
Aug. 11, 1965: Viola Davis
Aug. 14, 1945: Steve Martin
Aug. 17, 1943: Robert De Niro
Aug. 20, 1954: Al Roker

Message From Our Director "La'ahna"

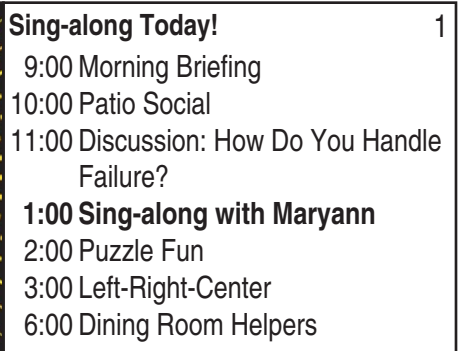
As we head into a new month, we're excited for all the fun, laughter and meaningful moments ahead. Our activity calendar is full of opportunities for residents to stay engaged, make new memories and enjoy time together. I'm thrilled to officially welcome our new Life Enrichment Director, Joni Chandler, to the Fairmount family. Joni brings wonderful energy, creativity, and a genuine passion for enriching the lives of our residents. We can't wait for everyone to get to know her and enjoy the exciting programs and activities she has planned. Thank you to our residents, families, and dedicated staff for making Fairmount such a special place. We hope you enjoy everything August has to offer!

Staff Anniversaries

Kya R. August 3, 2023
Blanca T. August 13, 2022
Araceli A. August 15, 2022
Yasmine R. August 23, 2021
Miriam P. August 24, 2020
Paula W. August 26, 2021
Yvonne P. August 27, 2024

Celebrating Older Adults

National Senior Citizens Day on Aug. 21 celebrates older generations and their contributions to their families, communities and country. More than 60 million adults in the U.S. are 65 and older, representing nearly 20% of the general population.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: What Makes a Brand Trustworthy? 1:00 Bingo 2:00 Left-Right-Center 3:00 Lemonade, Cookies & Family Feud 6:00 Live Sports	3 ENTERTAINMENT TODAY! 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Summer Gas Prices 1:00 Bingo 2:00 Entertainment “Harpist” Christine 3:00 Word-A-Thon 6:00 Evening News	4 ENTERTAINMENT TODAY! 9:00 Coffee Chat 10:00 Entertainment “Wild Bill” 11:00 Discussion: Is College Worth the Price? 1:00 Piano & Trivia with Linda 2:00 Card Making Fun! 3:00 It's Scrabble Time! 6:00 Sunset Social	5 ENTERTAINMENT TODAY! 9:00 Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: Is It Ever Okay To Tell a Lie? 11:45 Choir Practice 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 3:00 Team Trivia 6:00 Live Sports	6 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: Should Animals Have Legal Rights? 1:00 Bingo 2:00 Creative Hour “Pipe Cleaner Creations” 3:00 This Is Jeopardy 6:00 Sunset Social	7 SPECIAL CREATIVE HOUR! 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Old Hollywood Gossip 1:00 Creative Hour with Catalina Hospice 2:00 Team Trivia 3:00 Iced Tea, Cookies & Golf, Anyone? 6:00 Evening News	8 Sing-along Today! 9:00 Morning Briefing 10:00 Patio Social 11:00 Discussion: How Do You Handle Failure? 1:00 Sing-along with Maryann 2:00 Puzzle Fun 3:00 Left-Right-Center 6:00 Dining Room Helpers
9 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: What Makes a Community Strong? 1:00 Bingo 2:00 Left-Right-Center 3:00 Lemonade, Cookies & Family Feud 6:00 Live Sports	10 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Summer Storms 1:00 Bingo 2:00 Creative Hour “Clown Faces” 3:00 Word-A-Thon 6:00 Evening News	11 MONTHLY BIRTHDAY CELEBRATION 9:00 Coffee Chat 10:00 Chair Exercise 11:00 Discussion: What Makes a Great Leader? 1:00 Monthly Birthday Celebration - Piano & Trivia with Linda 2:00 History Presentation “Tucson” 3:00 It's Scrabble Time! 6:00 Sunset Social	12 9:00 Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: Favorite Childhood Cartoon 11:45 Choir Practice 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 3:00 Team Trivia 6:00 Live Sports	13 Jewelry Making Today! 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: Should Billionaires Exist? 1:00 Bingo 2:00 Jewelry Making with Sue 6:00 Sunset Social	14 RESIDENT COUNCIL TODAY! 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Having Twins 1:00 Resident Council 2:00 Team Trivia 3:00 Iced Tea, Cookies & Golf, Anyone? 6:00 Evening News	15 9:00 Daily Chronicles 10:00 Patio Social 11:00 Discussion: Is Globalization Beneficial? 1:00 Puzzle Fun 2:00 Afternoon Movie & Snack 3:00 Left-Right-Center 6:00 Dining Room Helpers
16 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: Talent or Hard Work 1:00 Watercolors 2:00 Left-Right-Center 3:00 Lemonade, Cookies & Family Feud 6:00 Live Sports	17 ENTERTAINMENT TODAY! 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Summer Camp 1:00 Bingo 2:00 Entertainment “Harpist” Christine 3:00 Word-A-Thon 6:00 Evening News	18 ENTERTAINMENT TODAY! 9:00 Coffee Chat 10:00 Entertainment “Wild Bill” 11:00 Discussion: Will AI Improve or Worsen Society? 1:00 Piano & Trivia with Linda 2:00 Creative Hour “Leaf Rubbing” 3:00 It's Scrabble Time! 6:00 Sunset Social	19 9:00 Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: What Responsibilities Do Citizens Have? 11:45 Choir Practice 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 3:00 Team Trivia 6:00 Live Sports	20 Ice Cream Social & Entertainment 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: Is Censorship Ever Justified? 1:00 Bingo 2:00 Ice Cream Social & Entertainment with Harry Gray 3:00 This Is Jeopardy 6:00 Sunset Social	21 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Is Job Hopping Beneficial? 1:00 Golf, Anyone? 2:00 Team Trivia 3:00 Iced Tea, Cookies & Golf, Anyone? 6:00 Evening News	22 ENTERTAINMENT TODAY! 9:00 Daily Chronicles 10:00 Patio Social 11:00 Discussion: Is Recycling Enough? 1:00 Puzzle Fun 2:00 Banjo Doug 3:00 Left-Right-Center 6:00 Dining Room Helpers
23 9 am Coffee Social 10:00 Chair Exercise 11:00 Discussion: Favorite Age and Why? 1:00 Bingo 2:00 Left-Right-Center 3:00 Lemonade, Cookies & Family Feud	24 10:00 Chair Exercise 11:00 Discussion: Your First Job? 1:00 Bingo 2:00 Creative Hour 3:00 Word-A-Thon	25 9:00 Coffee Chat 10:00 Chair Exercise 11:00 Discussion: What Makes a Lasting Friendship? 1:00 Piano & Trivia with Linda 2:00 Creative Hour “Bird Treats” 3:00 It's Scrabble Time! 6:00 Sunset Social	26 TWO ENTERTAINMENTS TODAY! 9:00 Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: What Kind of Music Brings Back Memories? 11:45 Choir Practice 1:00 Entertainment Ukulele with Carla 2:00 Afternoon Movie & Popcorn 3:00 Team Trivia 6:00 Live Sports	27 ENTERTAINMENT TODAY! 9:00 Coffee Social 10:00 Chair Exercise 11:00 Discussion: What Kind of Music Brings Back Memories? 1:00 Bingo 2:00 Entertainment “Desert Duo” 2:00 Jewelry Making with Sue 6:00 Sunset Social	28 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: What's Your Favorite Summer Activity? 1:00 Golf, Anyone? 2:00 Team Trivia 3:00 Iced Tea, Cookies & Golf, Anyone? 6:00 Evening News	29 9:00 Daily Chronicles 10:00 Patio Social 11:00 Discussion: Who is Your Favorite Movie Star? 1:00 Puzzle Fun 2:00 Afternoon Movie & Snack 3:00 Left-Right-Center 6:00 Dining Room Helpers
30 9 am Coffee Social 10:00 Chair Exercise 11:00 Discussion: Your Motivation! 1:00 Bingo 2:00 Left-Right-Center 3:00 Lemonade, Cookies & Family Feud	31 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Discussion: Work-Life Balance 1:00 Bingo 3:00 Word-A-Thon					



This month's "Employee Spotlight": We're proud to recognize Araceli Ayala! Since joining the Fairmount family in August 2022, she has been a dedicated and dependable member of our team. Araceli is known for her patience, strong work ethic and compassionate care. She goes above and beyond for our residents and is always willing to help wherever she is needed. Thank you, Celi, for your hard work and dedication. We're grateful to have you as part of the Fairmount family!



Meet Penelope, our desert tortoise. She moved into Fairmount over two years ago and enjoys visiting with all the residents, visitors, and staff.

A Summer Snicker

Q. When does red mean "go" and green mean "stop?"

A. When you're eating a watermelon.

Good Neighbors

Having good neighbors is what makes our community special. Please take a minute to welcome our new residents.

Sunscreen Every Day

Make applying sunscreen a daily habit, just like brushing your teeth. For a visual reminder to put it on every morning, keep your tube or bottle of sunblock next to your tube of toothpaste.

Word Search

Category: Canning Is My Jam

NOITAZILIRETST
CANBACTERIANNI
NGRUNLELSDREEL
ISLLHIETBIVHEE
BIPALNTRSCTHMA
DLRVNIICEABSYT
THAUENDPECORZE
ESFNEENTAPIANN
GDPRCESNEMLREVE
AELTHHNEUFUTUR
REIXJEMLLPHLK
OWTHRAAYCDLOMK
TCEJAMRGASKETK
SPRLCGESORTXED

- | | | |
|-----------|-----------|-----------|
| 1. Enzyme | 8. _____ | 15. _____ |
| 2. _____ | 9. _____ | 16. _____ |
| 3. _____ | 10. _____ | 17. _____ |
| 4. _____ | 11. _____ | 18. _____ |
| 5. _____ | 12. _____ | 19. _____ |
| 6. _____ | 13. _____ | 20. _____ |
| 7. _____ | 14. _____ | 21. _____ |

21. Vent
20. Storage
19. Sterilization
18. Pectin
17. Mold
16. Lid
15. Lid

14. Jar
13. Jam
12. Gasket
11. Funnel
10. Enzyme
9. Dill
8. Dextrose

7. Canner
6. Brine
5. Boil
4. Blanch
3. Bacteria
2. Alum
1. Acid

Word Search Solution:

NOITAZILIRETST
CANBACTERIANNI
NGRUNLELSDREEL
ISLLHIETBIVHEE
BIPALNTRSCTHMA
DLRVNIICEABSYT
THAUENDPECORZE
ESFNEENTAPIANN
GDPRCESNEMLREVE
AELTHHNEUFUTUR
REIXJEMLLPHLK
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