



6161 E Fairmount Street • Tucson, AZ 85712 • 520-344-8890



Rick P. was born in Salem, Oregon. The youngest of eight siblings. He enjoyed hiking, conquering over ten mountains over 14,000 feet. He was an avid bike rider and still plays pickleball three times a week. He loves his family, four children and five grandchildren. He worked at Costco for thirty-four years and retired at age fifty-nine. He is loved dearly by his Fairmount family!

✦ ✦ ✦ Happy ✦ ✦ ✦
✦ ✦ ✦ **Anniversary** ✦ ✦ ✦

We Appreciate All Your Hard Work!

Amaya Q. ... September 1, 2025
Linda R. September 4, 2024
Ricci P. September 12, 2022
Jack V. September 16, 2024
Cindy A. ... September 16, 2025

September 2026

Staff Birthdays

Vicky M. September 6th
Yvonne P. September 12th
Teena M. September 30th



Resident Birthdays!

Stephen T. September 5th
Manfred September 7th
Irving "Irv" Y. September 16th
Lois G. September 18th
Debra N. September 28th

Spotlight on Daver!

Daver Vega has been doing an outstanding job marketing Fairmount. His creativity, dedication, and enthusiasm have helped showcase everything that makes Fairmount special. We are fortunate to have you.

Message From Community Director "Laahna"

As summer begins to wind down, September gives us a chance to set up into a new season together at Fairmount, it's the everyday moments—shared laughs, a favorite activity, a visit from family, or simply spending time together. It truly makes our community feel like home.

Thank You to our residents for sharing your lives with us, to our family for your trust, and to our incredible team for the kindness and compassion you bring each day. We hope this month brings comfort, connection, and many reasons to smile. Happy September!



The Arrival of Fall

The word "fall" comes from the phrase "fall of the leaf," an Old English expression that was commonly used to reference the season in the 1500s. Autumn, from the French word *automne*, became part of the English language about a century later.

Patriot Day

The nation's annual remembrance of 9/11, Patriot Day is also a National Day of Service. Since 2002, people across America have paid tribute to the victims, survivors and heroes of Sept. 11 by volunteering in community service projects.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Entertainment Today! 1 9:00 Coffee Chat & Daily Chronicles 10:00 Entertainment “Wild Bill” 11:00 Discussion: What Do You Remember About Your Grandparents? 1:00 Sing a Long with Susie Q 2:00 History Presentation: 3:00 It’s Scrabble Time & Word Puzzles! 6:00 Sunset Social	Yoga Today! 2 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio You Be the Judge 11:00 Discussion: What Kind of Music Do You Enjoy? 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 6:00 Live Sports	Special Guest Exercise Today! 3 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio True or False 11:00 Discussion: If You Could Invent a New Holiday, What Would It Be? 1:00 Movement with Medicine with “Jason” Harmony Hospice 2:00 Drawing Hour! 3:00 Bingo 6:00 Sunset Social	Special Creative Hour Today! Entertainment! 4 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise and Patio Name that Tune 11:00 Discussion: Your Favorite Holiday? 1:00 Creative Hour with Catalina Hospice 2:00 Team Trivia 3:00 Refreshments & Velcro Fun 6:00 Live Sports	5 9:00 Morning Briefing 10:00 Patio Social 11:00 Discussion: How Do You Handle Failure? 1:00 Puzzle Fun 1:00 Sing a Long with Maryann 6:00 Weekly Housekeeping
6 9:00 Coffee Chat & Daily Chronicles 11:00 Discussion: Did You Ever Have a Pet? 1:00 Bingo 2:00 Left-Right-Center & Color Creations 3:00 Puzzles & Word Games 6:00 Live Sports	Labor Day & Entertainment Today! 7 9:00 Coffee Chat & Daily Chronicles 10:00 Creative Hour: Labor Day Card Making 11:00 Discussion: What is Labor Day? 1:00 Swat that Balloon 2:00 Root Beer Float Hour 3:00 Word A Thon 6:00 Live Sports	Birthday Celebration Today! 8 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Golf 11:00 Discussion: What Store Did You Love to Go to as a Child? 1:00 Monthly Birthday Celebration 1:00 Piano with Linda 2:00 Bingo 3:00 It’s Scrabble Time & Word Puzzles! 6:00 Sunset Social	Entertainment Today! Yoga Today! 9 9:00 Coffee Chat & Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: What is the Happiest Moment In Your Life? 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 2:00 Art Class 6:00 Live Sports	10 9:00 Coffee Chat & Daily Chronicles 10:00 Mary Kay Facials (Men & Women) 11:00 Discussion: What is Your Favorite Holiday Dish? 1:00 This is Jeopardy 2:00 Jewelry Making with Sue 3:00 Bingo 6:00 Sunset Social	9/11 Patriot Day! 11 9:00 Coffee Chat & Daily Chronicles 10:00 Red, White & Blue Craft 11:00 Discussion: Where were you on 9/11? 2:00 9/11 Team Trivia 3:00 Refreshments & Patriotic Sing a Long 6:00 Live Sports	12 9:00 Morning Briefing 10:00 Patio Social 11:00 Discussion: How Do You Handle Failure? 1:00 Puzzle Fun 2:00 Entertainment “Banjo Doug” 6:00 Weekly Housekeeping
13 9:00 Coffee Chat & Daily Chronicles 11:00 Discussion: Where Did You Grow Up? 1:00 Bingo 2:00 Left-Right-Center & Color Creations 3:00 Puzzles & Word Games 6:00 Live Sports	Special Creative Hour With Agape Hospice! 14 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Book Club 10:00 Nail Spa 11:00 Discussion: Who Had the Most Influence on Your Life? 1:00 Harp music with Christine 2:00 Creative Hour with Agape Hospice “Football Theme” 3:00 Word A Thon 6:00 Live Sports	Entertainment! Men’s Luncheon! 15 9:00 Coffee Chat & Daily Chronicles 10:00 Entertainment “Wild Bill” 11:00 Discussion: What is Your Favorite Dessert? 11:00 Men’s Luncheon 1:00 Sing a Long with Susie Q 2:00 Bingo 3:00 It’s Scrabble Time & Word Puzzles! 6:00 Sunset Social	Entertainment! Yoga Today! 16 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio You Be the Judge 10:00 Entertainment with Sax Player Ron Wagner 11:00 Discussion: Did Your Automobile Ever Breakdown? 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 6:00 Live Sports	Ice Cream Social & Entertainment 17 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio True or False 11:00 Discussion: Who is Your Favorite Actor? 1:00 This is Jeopardy 2:00 Ice Cream Social & Entertainment with Harry Gray 3:00 Bingo 6:00 Sunset Social	18 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Name that Tune 11:00 Discussion: Have You Ever Picked Apples? 2:00 Team Trivia 3:00 Refreshments & Velcro Fun 6:00 Live Sports	19 9:00 Morning Briefing 10:00 Patio Social 11:00 Discussion: How Do You Handle Failure? 1:00 Puzzle Fun 6:00 Weekly Housekeeping
Entertainment Today! 20 9:00 Coffee Chat & Daily Chronicles 11:00 Discussion: What Did Your Childhood Bedroom Look Like? 1:00 Bingo 2:00 Entertainment with Juan Pablo 3:00 Puzzles & Word Games 6:00 Live Sports	Entertainment Today! Spirit Day! 21 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Book Club 11:00 Discussion: What is a Personal Accomplishment You are Most Proud of? 1:00 Elegant Tea Party 1:00 Harpist with Christine 3:00 Word A Thon 6:00 Live Sports	Entertainment Today! Spirit Day! 22 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Golf 10:00 Painting with Phillip 11:00 Discussion: What Advice Would You Give to People? 1:00 Piano with Linda 2:00 Bingo 3:00 It’s Scrabble Time & Word Puzzles! 6:00 Sunset Social	Entertainment Today! Spirit Day! 23 9:00 Coffee Chat & Daily Chronicles 10:00 Entertainment “Organ with Linda” 11:00 Discussion: Do You Enjoy Gardening? What Type of Plants do you Love? 1:00 Chair Yoga with Carla 2:00 Afternoon Movie & Popcorn 2:00 Art Class 6:00 Live Sports	Entertainment Today! Spirit Day! 24 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio True or False 11:00 Discussion: What’s Your Favorite Activity to do at Fairmount? 1:00 This is Jeopardy 2:00 Entertainment “Desert Duo” 2:00 Jewelry Making with Sue 3:00 Bingo 6:00 Sunset Social	Spirit Day! 25 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Name that Tune 11:00 Discussion: What State Has the Most Beautiful Fall Leaves? 2:00 Team Trivia 3:00 Refreshments & Velcro Fun 6:00 Live Sports	26 9:00 Morning Briefing 10:00 Patio Social 11:00 Discussion: How Do You Handle Failure? 1:00 Puzzle Fun 2:00 Banjo Doug 6:00 Weekly Housekeeping
Entertainment Today! 27 9:00 Coffee Chat & Daily Chronicles 10:00 Entertainment with Max Nulty 11:00 Discussion: What Were Your Household Chores Growing up? 1:00 Bingo 2:00 Left-Right-Center & Color Creations 3:00 Puzzles & Word Games 6:00 Live Sports	Jewelry Auction 28 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Book Club 11:00 Discussion: What is Your Favorite Vacation Spot? 1:00 Jewelry Auction 2:00 Creative Hour 3:00 Word A Thon 6:00 Live Sports	Entertainment Today! 29 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio Golf 11:00 Discussion: What is Your Favorite Dessert? 1:00 Sing a Long with Susie Q 2:00 Bingo 3:00 It’s Scrabble Time & Word Puzzles! 6:00 Sunset Social	Entertainment Today! 30 9:00 Coffee Chat & Daily Chronicles 10:00 Chair Exercise & Patio You Be the Judge 11:00 Discussion: Do You Like Weddings? 1:00 Ukulele with Carla 2:00 Afternoon Movie & Popcorn 6:00 Live Sports			Spirit Week September 21st - 25th Sept. 21st - ’80s Day Sept. 22nd - Pajama Day Sept. 23rd - Western Day Sept. 24th - Hawaiian Day Sept. 25th - Team Day Let’s show our Fairmount Spirit!

Pet Therapy



Cathy volunteers visiting with residents. Residents enjoy her sweet Dachshund, "Scout." Cathy and Scout bring joy and smiles to Fairmount. Thank you!

Save the Date



Sept. 8th: Birthday Celebration at 1 p.m.

Sept. 10th: Mary Kay Facials at 10:00 a.m.

Sept. 14th: Creative Hour with Agape Hospice at 2:00 p.m.

Sept. 15th: Men's Luncheon at 11:00 a.m.

Sept. 17th: Ice Cream Social at 2 p.m.

SPIRIT WEEK 21ST - 25TH



The Daily Coop!

Meet our Fairmount chickens. Both moved in years ago. They enjoy roaming the courtyard, and most of all visiting with residents, staff, and guests. They are the celebrities of Fairmount!

September Employee Spotlight!



This month, we're proud to recognize Ashley! She has been a part of the Fairmount family since 2024. After taking a short break to attend military boot camp, she returned while continuing to serve on active duty. Ashley is incredibly patient, kind, and compassionate with our residents, and she's always willing to help her teammates. Once you get to know her, you'll discover her great sense of humor. Thank you, Ashley, for your service and for everything you do for our Fairmount family.